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## **Biochemical Evaluation of Pre and Post Delivery Melasma** Patients and Their Clinical Findings

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**ABSTRACT:** Melasma is a common acquired hyperpigmentary disorder that occurs mostly in women thirty years and old, (more than 90% of cases), of all racial and ethnic groups, and about 10% in men. The exact etiopathogenesis of Melasma is unknown, although multiple factors have been implicated. These include genetic predisposition, ultraviolet exposure and most notably hormonal influences. In the present study, 69 age and sex matched subjects were taken. These all subjects were females between the age group of 20-35 years, having pre and post pregnancy conditions. The detailed history regarding menstrual cycle, pregnancy, sun exposure and hormonal balances were taken in all the subjects. The skin samples were collected and further SOD (superoxide dismutase), CAT (Catalase), GSH (Reduced glutathione), GPx (Glutathione peroxidase), MDA (Melondialdehyde) and Uric acid levels were studied, where GSH and SOD show the decreased level in age matched individuals and CAT, GPx, MDA and Uric acid were significantly increased.© 2016 iGlobal Research and Publishing Foundation. All rights reserved.

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