



Herbal Medicines: A Boon for the Treatment of Liver Cirrhosis

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ABSTRACT: Cirrhosis is a disease in which healthy liver tissue replaced with scar tissue. The rising number of patients with liver diseases by overwhelming usage of drugs and alcohol. Globally, 57% of population suffering from liver cirrhosis attributable to either hepatitis B (30%) or hepatitis C (27%). Cirrhosis affected about 2.8 million people and resulted in 1.3 million deaths in 2015. Herbal medicines have been used in the treatment of liver diseases for a long time. The three commonly used herbal preparation: *Phyllanthus*, *Silybum marianum* (Milk thistle), Glycyrrhizin (licorice extract). *Phyllanthus amarus* in chronic hepatitis B, Silymarin for antifibrotic treatment, Glycyrrhizin to treat chronic viral hepatitis. The increases use of herbal medicines in the treatment or prevention of diseases and because herbal treatment is safe because they are natural. © 2019 iGlobal Research and Publishing Foundation. All rights reserved.

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